

Holy-days



Prayer Leader:

The summer holidays are coming! Usually, that might fill you with excitement. But this year, maybe you feel a bit different.

Perhaps you've only just been able to go back to school, or maybe you've not been able to go back at all.

Perhaps you feel like you've already had a long holiday at home, and the idea of another six weeks makes you feel bored and wish you were able to do anything at school – even Maths!



Prayer Leader:

The word 'holiday' comes from 'holy day', when people would be allowed time off work to celebrate religious festivals and feast days.

Today, a holiday means any time off from our usual work. But our prayers this week will help us to consider how we can make our 'holidays' truly 'holy days'!

Each day we will be reading verses from Psalm 34, which is a type of poem or song. This psalm was written by David, a shepherd who became king!



Prayer Leader:

Today's verses show us that to be truly happy, we must worship God.

David writes:

Reader:

*'Children, come and listen to me.
I will teach you to worship the Lord.
You must do these things to enjoy life
and have many happy days.'*

Psalm 34: 11-12

Prayer Leader:

To worship God means to praise Him and consider Him as the most important thing in our lives. That makes us happy, because when we put God first, everything is in its right place, the way God planned it!



Prayer Leader:

Each day you will also be given an idea for an activity. These are things you can do this week, or, instead, why not start writing a list of things you want to do in the holidays - or should we say, 'holy-days'!

Today's activity is to draw or write a list of what makes you happy.

Let's finish in prayer together:

All:

Dear God,

**Thank you that with you,
every day can be a 'holy day'.**

**Help me to notice how happy I feel when
I worship you and put you first.**

Amen

